

UCWDC Polka Syllabus Newcomer IV, III, II

UCWDC Polka Syllabus Newcomer IV

LOD = Line of Dance

1. Forward Basic and Forward Two-Hand Hold Basic
2. Couples Half Right Rotating Basic, Half Back Basic, Half Left Rotating Basic
3. Couples Half Right Rotating Basic, Back Basic, Couples 2nd Half Right Rotating Basic
4. Follower's Slow Right (Outside) Turn
5. Chassés:
 - a. Chassé to Open Promenade, Forward LOD followed by Pattycakes remaining Forward LOD
 - b. Chassé to Counter Open Promenade, Back LOD followed by Pattycakes remaining Back LOD
 - c. Chassés alternating Forward and Back LOD
 - d. Follower's Slow Right (Outside) Turn from Counter Open Promenade, Back LOD to Closed
6. Follower's Slow Right (Outside) Turn with Hand Change to Right-to-Right Hand Hold and Slow Left (Inside) Turn to Closed
7. Follower's Slow Right (Outside) Turn to Counter Open Promenade, Back LOD
8. Shoulder Catch (Bow-and-Arrow) with Follower's Slow Left Turn to Counter Open Promenade, Back LOD
9. Half Right Rotating Basic to Wrap (Cuddle) and Release to Closed
10. In-Line Pattycakes:
 - a. Follower's Slow Right (Outside) Turn with Hand Change to Pattycakes and Follower's Slow Left (Inside) Turn to Closed
 - b. Closed to Inside Preparation and Follower's Slow Left (Inside) Turn to Pattycakes and Follower's Slow Right Turn (in Right-to-Right Hand Hold) to

Open Promenade, Forward LOD to Follower's Slow Left Turn with Hand
Change to Closed

- c. Alternate Entrance from Right-to-Right Forward LOD

11. Right Rotating Basic

Polka Newcomer IV Sample Amalgamation

Polka Syllabus Newcomer III

1. Basic with Coaster on 2nd Triple to Basket (Slingshot) and Release
2. Follower's Slow Right 1½ Turn with Hand Change to Sweetheart (Cape)
3. Follower's Single Syncopated Left Turn:
 - a. Remaining in Sweetheart (Cape) with Either Hand
 - b. Remaining in Wrap (Cuddle)
 - c. Sweetheart (Cape) with Hand Change to Wrap (Cuddle) and Skaters
 - d. Right-to-Right Open Promenade, Forward LOD to Sweetheart (Cape) or Skaters
 - e. Remaining in Skaters
4. Transition from Open Promenade, Forward LOD:
 - a. With Follower's Left (Inside) Turn to Wrap
 - b. With Follower's Left (Inside) Free Spin to Closed
5. Counter Open Promenade, Back LOD to Follower's Right ½ turn to Shoulder Catch (Bow-and-Arrow) and Follower's Left (Inside) Turn to Wrap (Cuddle)
6. Left Turning (Check) Weave:
 - a. With no Turn to Wrap (Cuddle)
 - b. With Follower's Slow Left (Inside) Turn to Closed
 - c. With Follower's Left 1½ Turn to Closed

- d. Starting and Ending Counter Open Promenade, Back LOD (Follower's Left 1½ Turn)
 - e. Starting Counter Open Promenade, Back LOD to Follower's Left 1½ Turn and Ending with In-line Coaster
 - f. Starting and Ending with Cross-line Coaster followed by Rotating Basic
7. Belt Loop Left Turning (Check) Weave:
- a. With Follower's Slow Left (Inside) Turn to Closed
 - b. With Follower's Syncopated Left (Inside) 1½ Turn to Closed
 - c. With Follower's Left (Inside) 1½ Turn to Counter Open Promenade, Back LOD
8. Follower's 1½ Turns:
- a. Left (Inside) Turn from Open Promenade, Forward LOD with Hand Pickup to Closed
 - b. Left (Inside) Turn from Shoulder Catch (Bow-and-Arrow) to Counter Open Promenade, Back LOD
 - c. Right (Outside) Turn from Counter Open Promenade, Back LOD to Open Promenade, Forward LOD
 - d. Left (Inside) Turn from Open Promenade, Forward LOD to Counter Open Promenade, Back LOD
 - e. Right (Outside) Turn from Closed to Open Promenade, Forward LOD
 - f. Right (Outside) Turn from Closed to Shoulder Catch (Bow-and-Arrow)
 - g. Right (Outside) Turn from Right-to-Right Facing (Check, Stop Sign) to Right-to-Right Open Promenade, Forward LOD and Left (Inside) Turn from Right-to-Right Open Promenade, Forward LOD to Right-to-Right Facing (Check, Stop Sign)

Polka Newcomer III Sample Amalgamation

Polka Syllabus Newcomer II

1. In-line Pattycakes with Dual Syncopated Turn
2. Right Turning (Chase) Weave:
 - a. From Counter Open Promenade, Back LOD with Follower's Right (Outside) $1\frac{1}{2}$ Turn to Open Promenade, Forward LOD
 - b. Belt Loop Weave with Hand Pickup (no Hand Change) and Follower's Right (Outside) $1\frac{1}{2}$ Turn to Open Promenade, Forward LOD
 - c. Belt Loop Weave with Hand Change and Follower's Right (Outside) $1\frac{1}{2}$ Turn to Right-to-Right Open Promenade, Forward LOD
3. Checks:
 - a. Leader's Check (Coaster) with Hand Change to Skaters and Follower's Left (Inside) $1\frac{1}{2}$ Free Spin to Closed
 - b. Leader's Check (Coaster) to Basket (Slingshot) with Follower's Right (Outside) $1\frac{1}{2}$ Turn to Shoulder Catch (Bow-and-Arrow) and Left (Inside) $1\frac{1}{2}$ Turn to Closed
 - c. Leader's Check (Coaster) to Basket (Slingshot) with Follower's Right (Outside) $1\frac{1}{2}$ Turn Ending in Hammerlock and Half Rotating Basic to Follower's Left (Inside) $1\frac{1}{2}$ Turn to Closed
 - d. Leader's Check (Coaster) with Hand Change to Sweetheart (Cape) Basket (Slingshot) and Follower's Right (Outside) $1\frac{1}{2}$ Turn to Cross-Hand, Forward LOD
4. Dual Free Spins
5. Hand-to-Hand Chassés (Face-to-Face, Back-to-Back)
6. Wrap-Unwrap (Roll-in-Roll out, Yo-Yo)
7. Leader's Foot Change to:
 - a. Windmills (Dual Slow Turns) and Follower's Left Free Spin during Leader's Foot Change back to standard footwork
 - b. Slow Tick Tock and Follower's Left Free Spin during Leader's Foot Change back to standard footwork
8. Gallops

Polka Newcomer II Sample Amalgamation