

Body Rock

Choreographed by Satu Ketellaper (NL)

Description: 32 counts, 2 wall, Street - Funk

Level: Newcomer Primary

Music : 'Body Rock' - Bingo Players & Bali Bandits (120BPM) - Non-Country

Official UCWDC competition dance description

Date of usage 7 March 2019 to March 2020

- 1-8 SLIDE 2X, JAZZ BOX**
1,2 RF slide to 1:30 fwd, LF touch next to RF
3,4 LF slide to 10:30 fwd, RF touch next to LF
5-8 RF cross over LF, LF step back, RF step to R side, LF close next to RF
- 9-16 BODY ROLL TO R, BODY ROLL TO L, WALKS 4X**
1,2 RF step to R side, Body roll to R
3,4 Body roll to L
5-8 RF walk fwd, LF walk fwd to 2:30, RF walk fwd to 4:30, LF walk fwd to 6:00
- 17-24 KNEEL DOWN, REACH UP, JUMP 4X**
1,2 Bend knee's
3,4 Reach Up
5-8 Jump Fwd 4x
- 25-32 FULL TURN, KICKS 2X**
1,2 RF step ¼ turn (face 9:00), LF step ½ turn back (face: 3:00)
3,4 RF step ¼ turn to R side (face: 6:00), LF close together next to RF
5,6 RF kick fwd, RF close next to LF
7,8 LF close next to RF