

SECRET

Choreographed by Johanna Barnes

Description: 32 count, 4 wall, Smooth (WCS)

Level: Novice

Music: 'Secret' by Maroon 5 (91 BPM)

Official UCWDC competition dance description

Date of usage 26 April 2007

1-8 : PARTIAL WCS BASIC, LEFT 1/4 LEFT, RIGHT 1/2 LEFT, SAILOR STEP

- 1 RF Step forward
- 2 LF Step forward
- 3 RF Step back
- & LF Cross back over RF
- 4 RF Step back
- 5 LF 1/4 turn left and step to the side (face 9:00)
- 6 RF 1/2 turn left and step to the side (face 3:00)
- 7 LF Cross behind RF
- & RF Step to the right side and press lightly
- 8 LF Step out to the left

9-16 : STEP, SIDE, DRAG, WALKS, RIGHT SWEEP, CROSS, STEP BACK, RIGHT 1/4 RIGHT, LEFT STEP

- & RF Step next to left, press with ball of foot
- 1 LF Step to the left
- 2 RF Drag toward LF
- & RF Step behind LF slightly
- 3 LF Step forward
- 4 RF Step forward
- & LF Step forward
- 5 RF Sweep back to front across LF
- 6 RF Step across LF
- 7 LF Step back
- & RF 1/4 turn right and step to the side (face 6:00)
- 8 LF Step forward

17-24 : PUSH CROSSES TWICE, SHOULDER TURNS, WIPE, RIGHT CROSS STEP

- 1 RF Press/rock to the right
- & LF Recover
- 2 RF Step across LF
- 3 LF Press/rock to the left
- & RF Recover
- 4 LF Step across RF
- 5 RF Step to the right pressing right shoulder back to face 8:00
- 6 LF Take weight pressing left shoulder back to face 4:00
- & RF Take weight
- Ah LF Step ball of foot slightly in next to right
- 7 RF Push ball of RF back, dropping left heel and leave weight left
- 8 RF Step across LF

25-32 : LEFT BACK 1/4 RIGHT, RIGHT BACK STEP, WEAVE, RIGHT WALK, LEFT PUSH & CROSS, RIGHT STEP, LEFT 1/2 LEFT

- 1 LF 1/4 turn right and step back (face 9:00)
- 2 RF Step back on a diagonal
- 3 LF Step behind RF
- & RF Step to the right
- 4 LF Step across RF
- 5 RF Step forward and across LF
- 6 LF Press/rock to the left
- & RF Recover
- 7 LF Step forward and across RF
- 8 RF Step forward
- & LF 1/2 turn left and take weight

RESTART: at the 5th wall: do the first 16 counts and restart the dance