

# GO GREASED LIGHTNING

Choreographed by Michele Burton & Michael Barr

Description: ABC, Novelty

Level: Intermediate

Music: Greased Lightning ' Grease's soundtrack (160 BPM)

Official UCWDC competition dance description

Date of usage 24 August 2007

## Arm INTRO

**It's automatic** – POSE: Right arm straight up in air, point finger to sky, left hand on hip, fingers pointing to floor, Left leg straight, Right knee popped, facing right

**It's systematic** – POSE: Pull arms in toward waist, elbows bent, forearms facing upward, feet apart, legs straight

**It's hydromatic** – POSE: Roll hips during hydromatic – Place arms in 'T' on last BEAT

**Why, it's Greased Lightning..... (circular arm motion), On the Words;**

**Greased:** Left arm comes to thigh- right arm still in 'T'

**Light:** Left arm even with right arm

**Ning:** Left arm continues to do full circle around and back to right arm

... Left elbow nudge, nudge, nudge to left while shifting wt to left foot and sliding right foot to left

**Sequence: A, B, A, B, A(counts 1-32), A (counts 1-32), C, A(counts 1-32), A (counts 1-32), C, B**

## PART A: 56 counts

### 1-8 SUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1&2 Triple step to the right

3-4 Rock LF back, recover

5&6 Triple step to the left

7-8 Rock RF back, recover

### 9-16: SHUFFLE ON RIGHT DIAG, LEFT DIAG, VAUDEVILLE WALKS

1&2 Right diagonal triple step in place

3&4 Left diagonal triple step in place

5-6 Step RF forward with a twisting motion right, step LF forward with a twisting motion left

7-8 Repeat 5-6

### 17-24: STEP TOUCH, 1/2 TURN TOUCH, STEP TOUCH, 1/2 TURN TOUCH

1 RF Step forward

2 LF Touch next to RF

3 LF 1/2 turn left and step forward

4 RF Touch next to LF

5 RF Step forward

6 LF Touch next to RF

7 LF 1/2 turn left and step forward

8 RF Touch next to LF

### 25-32: JUMP UP CLAP, JUMP BACK CLAP, TOE HEEL RT DIAGONAL, TOE HEEL LEFT DIGONAL

& RF Step forward

1 LF Step forward

2 Clap

& RF Step back

3 LF Step back

4 Clap

5 RF Touch toe forward right diagonal

6 RF Drop heel and snap fingers

7 LF Touch toe forward left diagonal

8 LF Drop heel and snap fingers

### 33-40: CROSS HOLD, SIDE HOLD, CROS BACK SIDE, HOLD

1-2 RF Cross over LF, hold

3-4 LF Step to the side, hold

5 RF Cross over LF

6 LF Step back

7 RF Step to the side

8 Hold

### 41-48: CROSS HOLD, SIDE HOLD, CROS BACK SIDE, TOGETHER –with shimmies

1-2 LF Cross over RF, hold

3-4 RF Step to the side, hold

5 LF Cross over RF

6 RF Step back

7 LF Step to the side

8 RF Step next to LF

*shoulder shimmies on counts 5-8*

### 49-56: OUT TOGETHER, OUT TOGETHER (jumping jacks), RUN (slightly) FORWARD

1-4 both Jump feet apart, together, apart, together

5&6&7&8 Run slightly forward R, L, R, L, R, L, step R together

## Part B: 48 counts

### 1-8: RIGHT HAND MOVE

1 both Jump feet apart placing right arm right (looking & pointing index finger to 3:00)

2-8 both Bounce while moving right arm to position straight in front of body, parallel to ground (you're looking straight ahead on count 8)

**9-16: ARM MOVEMENT IN, UP, IN, OUT**

- 1 Bring Right arm in (elbow pointing at floor, hand fisted),
  - 2 shoot it straight up in the air
  - 3 Bring it back to body
  - 4 Shoot it straight to right
  - 5-8 Repeat 1-4
- Hips can move side to side keeping in time with music

**17-24: LEFT HAND MOVE**

- 1 Feet still apart place left arm left (looking & pointing index finger to 9:00)
- 2-8 both Bounce while moving left arm to position straight in front of body, parallel to ground (you're looking straight ahead on count 8)

**25-32: ARM MOVEMENT IN, UP, IN, OUT**

- 1 Bring Left arm in (elbow pointing at floor, hand fisted),
  - 2 shoot it straight up in the air
  - 3 Bring it back to body
  - 4 Shoot it straight to right
  - 5-8 Repeat 1-4
- Hips can move side to side keeping in time with music

**32-40: ARM POSE TO BEAT (arm fisted in entire sequence)**

- 1 Bring both hands in, elbow pointing at floor
- 2 Shoot both arms straight up
- 3 Bring both arms in T position

- 4-5 Hold
- 6 Bring both arms forward straight in front of you
- 7 Pull arms in toward waist, elbows bend, forearms facing upward
- 8 Hold

**41-48: SHOULDER DROPS, STEP IN PLACE (bring feet together)**

- 1-4 Rotate shoulder drops R, L, R, L
- 5&6&7&8 Step L, R, L, R, L, R, L on balls of feet, bringing feet together and moving backward  
*(Arms are still in the same position from previous 8 counts)*

**PART C: 32 counts**

**1-8: MODIFIED HAND JIVE**

- 1 Slap thighs with both hands
- 2 Clap
- 3 Cross right hand over left
- 4 Cross left hand over right
- 5 Touch right fist on top of left fist
- 6 Touch left fist on top of right fist
- 7 Hitch hike right thumb over right shoulder
- 8 Hitch hike left thumb over left shoulder
- & Jump 1/4 turn left

**9-32: REPEAT 1-8 three times**

**ENDING**

Walk to a clump in the middle of the floor and give your audience a pose for a fabulous Broadway ending