

SEXY BACK

Choreographed by Shaz Walton & Ben Martin

Description: 64 count, 2 wall, Funky

Level: Intermediate

Music: 'Sexy back' by Justin Timberlake (122 BPM)

Official UCWDC competition dance description

Date of usage 24 August 2007

1-8: KNEE ROLLS x2, HOLD & STEP, DIG, STEP BACK, 1/4 LEFT, POP SHOULDERS

1 Roll Right knee to the right
2 Roll Left knee to the left
3 Hold
& RF Step next to LF
4 LF Step to the side
5 RF Dig toe forward as you lunge
6 LF Big step back
7 RF 1/4 turn and step on RF (face 9:00)
& Pop Right shoulder
8 Pop Left shoulder

9-16: KICK, CROSS STEP, SLOW UNWIND 3/4 RIGHT, OUT, OUT, BOUNCE x3

& RF Step next to LF
1 LF Kick across Right
2 LF Step over RF
3-4 Unwind 3/4 turn right (end weight on LF)
& RF Step to the right (face 6:00)
5 LF Step to the left
6-8 Bounce heels x3

17-24: STEP, KICK, HITCH TURN, KICK, FUNKY CHUGS x4

1 RF Step forward
2 LF Kick
3 LF Hitch making 1/2 turn left on RF
4 LF Kick forward (face 12:00)
5 LF Step forward as left hip goes back & right knee comes in behind left
6 RF Take weight as right hip goes back & left knee pops forward
7 LF Step forward as left hip goes back & right knee comes in behind left
8 RF Take weight as right hip goes back & left knee pops forward

25-32: STEP, SCUFF, 1/4 HITCH, STEP, SIT, 1/4 STEP, FULL SPIN LEFT, SQUAT

1 LF Step forward
2 RF Scuff forward
3 RF Hitch making 1/4 turn left
& RF Step to the side (face 9:00)
4 Sit over right hip
5 LF 1/4 turn left and take weight (face 6:00)
6-7 Full turn left on LF
8 Squat with feet apart

33-40: SHOULDER PUSH, LONG SHOULDER PUSH, L SHOULDER POP, ROCK, RECOVER, TOUCH BACK

1 Push right shoulder to the right
2-4 Push left shoulder to the left as you gradually stand
& Pop left shoulder back & right forward
5 Recover to centre
6 LF Rock forward
7 RF Recover
8 LF Touch back

41-48: 1/2 TURN LEFT, BRUSH, RAISE, STEP, ROCK, BIG STEP DRAG HEEL, SAILOR STEP

1 LF 1/2 turn left and step on LF (face 12:00)
2 RF Brush forward
3 RF Slowly raise right knee into hitch
4 RF Step forward
5 LF Rock forward
6 RF Recover taking a big step back and dragging Left heel to RF
7 LF Cross behind RF
& RF Step to the right
8 LF Step to the left

49-56: ROCK, RECOVER, 1/4 TURN, EXTENDED WEAVE, TOUCH

1 RF Rock forward
2 LF Recover
3 RF 1/4 turn right and step to the side (face 3:00)
4 LF Cross over RF
5 RF Step to the side
6 LF Cross behind RF
7 RF Step to the side
8 LF Touch next to RF

57-64: BIG STEP, HEEL DRAG, HITCH, ROUD HITCH 1/4 TURN, STEP, HOLD, LEAN SWIVET

1-2 LF Big step to the side as you drag Right heel toward left
3 RF Hitch
4 Keeping RF hitched, make 1/4 turn right on LF (face 6:00)
5 RF Step to the side
6 Hold
7 LF Lean to Left ball as Left heel swivel left (push left shoulder forward & right back)
8 Recover to centre as Left heel swivel back to centre (recover shoulders)