

HEAD OR YOUR HEART

Choreographed by Fabienne Henshall

Description : A,B 1 wall, Smooth (WCS)

Level: Superstars, Risingstars

Music: 'The Other' by Lauv Special Edit

Official UCWDC competition dance description

Date of usage 9 March 2017

Sequence: A, last 8 counts of B, A, A, last 12 counts of B A, B, A, A, B

Part A: 32 counts

1-8: WALK FORWARD R, L, TUCK TURN, FAN TURN, DOUBLE SPIRAL TO RONDE

1-2 Step forward on RF, step forward on LE

3&4 1/8Tleft and step RF to side, step LF in front of RF, step RF forward straightening to 12:00

5-6 1 full turn right on RF, step forward on LF

7&8 2 full turns right on LF finishing with RF rondé

9-16: WEAVE, FULL SPIRAL TURN LEFT, BOOGIE WALK, BODY ROLL

1&2& Cross RF behind LF, step LF to side, cross RF in front of LF, step LF to side

3&4 Cross RF behind LF, step LF to side, cross RF in front of LF and make a full spiral turn left

5&6 boogie walks forward to 10:30 LF, RF, LF

7-8 Step forward on RF with body roll, put weight back on LF

17-24: MOONWALK, STEPS BACK WITH SWEEPS, 1/2TL, MAMBO STEP, HEELS

1-2 Moonwalk R, L

3-4 Step back on RF with LF sweep, step LF back with RF sweep

5&6& Step back on RF, 1/2T left and step forward on LF (4:30), rock forward on RF, rock back on LF

7&a8 Step back on RF, 1/4Tleft on step on L heel, step on R heel, press LF forward facing 10:30

25-32: FLICK, CROSS, UNWIND, CHANE, SLIDE, ROCK & SIDE

1-2 Put weight on LF brushing RF back, cross RF in front of LF

3 1/2T left and step LF forward (4:30)

4& Full turn left stepping R, L

5-6 sliding back diagonal 4:30 onto R, drag LF to RF

7&8 Rock back on LF, rock forward on RF, step LF to side straightening to face 12:00

PART B: 16 counts

1-8: SYNCOPATED SAILOR STEP, HIPS

1 Step RF forward in diagonal

2&3 L sailor step

&4 step RF behind LF, step LF diagonal 10:30

& Step RF next to LF

5-8 Touch LF in left diagonal 10:30 and bump hips forward 4 times finishing with weight on LF

9-16: WHIP FOUETTE

1-2 Step forward on RF (12:00), 1/2Turn and step LF back

3&4 R sailor step with 1/2T right

5 1/2Tleft and step forward on LF (6:00)

6-7 Step forward on RF and make 1T1/2 left ending with LF Foutte

8&a Cross LF behind RF make 1 more turn left, step R, L